

## Communion Liturgy for At-Home Worship

*This resource is written in the first person. Please adapt as needed for group setting.*

As you enter the time and space of holy communion, gather the supplies you may need. This could include:

- Elements like bread and cup
  - Use what works for you, Jesus did
- A candle or some way to recognize light
  - Open a window shade
- Something sacred to you that you can use to reflect on in remembrance

### ***Call To Communion***

Jesus was no stranger to awkward situations;  
And celebrating communion at home kind of feels strange.  
Especially if it's just me/us.  
But I am not alone.  
I celebrate communion with siblings in faith the world over.  
This meal symbolizes unity in Christ, and I am thankful.

***Reading (from Chalice Hymnal)***

388

## Remember Me

Upon the loaf and upon the cup of the Lord, in letters which speak not to the eye, but to the heart of every disciple, is inscribed, "When this you see, remember me." Indeed, the Lord says to each disciple, when he receives the symbols into his hand, "This is my body broken for you." The loaf is thus constituted a representation of his body—first whole, then wounded for our sins. The cup is thus instituted a representation of his blood—once his life, but now poured out to cleanse us from our sins.

— Alexander Campbell, 19th-century Disciples forebear

## **Prayer**

Loving Creator, in the midst of fear and anxiety about viruses and public health, you meet me in simple forms. Here, I'm reminded of your provision; not that I would only hope for miracles, but that in your grace, you call me to prepare and provide. Because I'm made in your image, and you have provided, so I can also provide. That these elements would be for me a reminder of Jesus and his way of living, God I ask your blessing. AMEN.

## **Scripture 1 Corinthians 11:23-26 NRSV**

*[Please feel free to read from your bible if preferred]*

- The Institution of the Lord's Supper

23 For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, 24 and when he had given thanks, he broke it and said, "This is my body that is for[a] you. Do this in remembrance of me." 25 In the same way he took the cup also, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." 26 For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

- Partake of the elements, remembering Jesus and his way of living.

## **Conclusion**

Option to conclude your communion time with music that reminds you of God's love.